

...a Life-Coach!

“This training is designed to give you an introduction to the practical basics of Life Coaching.” - Rich Dallas-Achology Certified Life Coach

With **SageCraft** Training you can make a dramatic difference in the lives of other people. Your Goal: to help your “Clients” (Friends, family, fellow Church-goers etc) learn, GROW, and facilitate positive Change in their lives.

A STRUCTURE FOR CONVERSATIONAL CHANGE

You can learn to help others change, during the course of an ordinary conversation. But you need a plan.

SageCraft provides you with a plan and a set of useful & workable Tools, Frameworks, Questioning Skills, and Guidelines. This training gives you the ability to help people find solutions, during your very **next** conversation.

How does one “MAKE” Disciples? With a sound knowledge of the Bible, and the Art and Skills of **SageCraft**, You can be the “SAGE” in someone's life; Someone they can turn to for direction, guidance, support, correction, admonishment, and counsel.

You rely on the Bible, God's Word, to provide that guidance. The **SageCraft** Christian Life Coaching Pyramid provides you with a structure to guide the process of CHANGE AND GROWTH:

(Panel 2)

SageCraft Christian Life Coaching Pyramid



0 The Goal-The Capstone of the Pyramid-Through the art of skilled and structured conversation, your “Client” moves toward Change and Growth.

1. The Base of the pyramid-Learn the Biblical foundations of **SageCraft** Christian Life Coaching (1st Tim 3)

2. Practical Ethical Boundaries-These are Necessary to ensure that the Life Coaching process is both effective, and safe for the Client, and the Life Coach. **SageCraft** Supervision

3. Your Personal “Way of Being” - with the Client. Your attitude and “Spirit”.

4. The Overall Life Coaching Framework- The 3 Phase “Skilled Helper” Model. The Personal Effectiveness Model.

5. Your Life Coaching Skill Sets. You will learn 100 basic techniques for Life Coaching and Christian Discipleship. “Conversational Change” methods.

(Panel 3)

SAGECRAFT FUNDAMENTALS (Introduction to Life Coaching)

10 Ninety-Minute Sessions:

SESSION 1: Overview/History of SageCraft. Definition of a **SageCraft** Christian LifeCoach. Life Coaching Dangers and Traps. “Psycho-Heresy” and the integrationist approaches to Biblical Counseling. Coaching Organizations.

(15 Clock Hours)

SESSION 2: Life Coaching as a Ministry and Para-Profession. A **SageCraft** Life-Coach, is an Evangelist and a PEER COUNSELOR. A way of Loving others.

(SageCraft as Spiritual Direction)

SESSION 3: Discipleship and Life Coaching – The Life Coaching relationship. Biblical Qualifications of a **SageCraft** Christian Life Coach. (1st Timothy 3). Ways of Knowing Truth.

SESSION 4: The SageCraft Top Ten Basic Life Coaching Skills. Powerful Life Coaching Questions. Frameworks and skills for Conversational Change.

(“S.O.L.E.R.” Listening Skills)

SESSION 5: SageCraft Biblical “Interviewing” Skills and the Process of Change-(PART 1) The Solution-Focused Life Coaching approach. The MECSTAT and DARNCAT models for Change.

SESSION 6: SageCraft Biblical “Interviewing” Skills and the Process of Change-(PART 2) The Chunking model. The “Drill down” technique.

SESSION 7: Models for Helping others Grow -(PART 1)...spiritually through a trial. A sampling of models to help “structure” your conversations. The Girard Egan Skilled Helper Model.

(Panel 4)

SESSION 8 Models for Helping Others Grow -(PART 2)- Kepner-Tregoe Problem-Solving. The Definitions of a “Problem”. Solution Focused Coaching. T.G.R.O.W. Model. Co-Active Coaching Model. 12-Step & Celebrate Recovery programs.

SESSION 9: Mental Health First Aid. - The “7 P.L.A.G.G.E.S.” of Mankind. BIBLICALLY helping a loved one with a mental health issue.
<<<THE “A.L.G.E.E.” MODEL>>>

SESSION 10 D.A.P.S.E.S.S – Biblically Helping others suffering from Depression, Anxiety, Psychosis, Substance Abuse, Eating Disorders, Self-Harm and Sexual Sin.

YOU as a SageCraft Practitioner can produce REAL WORLD RESULTS:

These vital, powerful, and potent skills can make a DRAMATIC difference. Most are EVIDENCE BASED. You can help your Clients produce real world results.
...CHANGE! These skills can have a major impact your personal ministry.

**Would you like to speak with a trained SageCraft Christian Life Coach?
Call:
248-320-6076**

(Panel 5)

(BACK PANEL 2)

SageCraft Christian Life Coaching – is a Christ-Centered, Client-Directed, Solution-Focused, and Biblically-Guided form of Christian Counseling and Discipleship.

SageCraft Christian Life Coaching – is a structured conversation with a Biblical agenda. Its goal is to help the Client be conformed into the likeness of Jesus Christ, the Risen Savior.

SageCraft Christian Life Coaching – assists the Client in examining thoughts, beliefs, attitudes, words, actions (and RE-actions) that are inaccurate, untrue, distorted, or unbiblical.

SageCraft Christian Life Coaching – relies on the Bible as the primary guide to belief, thought and action. It is an “interpersonal intervention” that focuses on changing unhelpful/sinful thoughts, beliefs, attitudes, words, and actions. Our Motto is:

“WISDOM IS THE PERCEPTOIN OF TRUTH”

SageCraft Christian Life Coaching – is a process that works at improving your perception of Truth, and your emotional responses. It helps in creating a collection of useful, Biblically based, coping strategies.

You can help to move your Clients toward solutions; Biblical solutions to the problems of everyday living. The result in their lives is “Fruit of the Spirit.” (Gal 5:22-23)

(Panel 6)

**Learn the “Craft of the Wise”
...the “Craft of the Sage”
Learn the *Art* and *Skills* of
Effective Christian Life-Coaching**



**Website: SageCraft-LifeCoach.org
(Free training resources)**

Phone: 248-320-6076

What is “SageCraft”? - SageCraft is an artful form of Biblical Counseling and Life Coaching. It is Discipleship, with a unique perspective. SageCraft is an activity; a PROCESS, of skillful questioning and applying Biblical Wisdom and Truth to the problems of everyday living. (CONTINUED: BACK PANEL 2)

What is a SageCraft “Practitioner”?
As a SageCraft Practitioner, You are a layman, but a trained “Paraprofessional”, in much the same sense as a ParaLEGAL serving attorneys, and a ParaMEDIC who assists a Doctor. You may fill the role of a Pastoral Assistant, a Counseling Paraprofessional, Prayer Minister, or ...
(Panel 1)