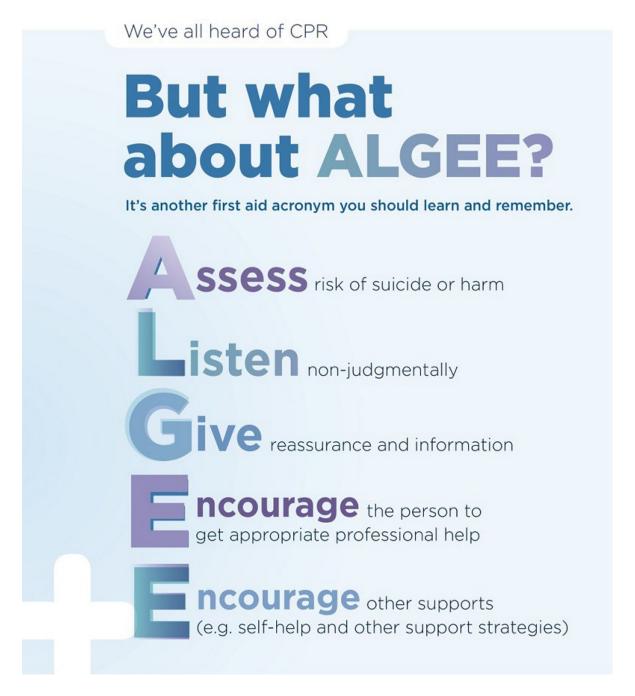
As a **Sage***Craft* Practitioner, you may on occasion meet someone who is in crisis. Depression & Anxiety, even Psychosis, Substance Abuse, Eating Disorders, Self Harm ... You must develop the ability to spot the important signs in those you work with.



You must realize that many Client problems are beyond your abilities. You need to know the a basic protocol to HELP them. Mental Health First Aid is a sound program; 8-hours in length. It gives you enough skill to to recognize the signs of a difficult-to-face mental illness. The "A.L.G.E.E." model above will give you some tools to help Clients alleviate and handle more serious struggles.