

"GOOD ETHICS=GOOD LIFE COACHING"

The Life Coach Promise

I solemnly Promise that

1. I will, first, do no harm...I will strive to be Wise, Empathetic, Compassionate, and Circumspect with those in my care.
2. I will speak the truth.
3. I will be respectful.
4. I will know my abilities, my limits and myself.
5. I will be silent when it is time to be silent, protecting the sacred oath of confidentiality.
6. I will ask for help when I need it, and acknowledge when I don't know something.
7. I will give back, and strive to make my presence be a healing one in the world.
10. I will take care of myself, so that I can take care of others
11. I will speak up against torture, exploitation and violence, and tolerate no bullying.
12. I will protect those who are vulnerable, and cannot speak up for themselves.

When we, as Life Coaches, have good boundaries, our Clients feel safer to explore the depths of their difficulties and pain.

When we, as Life Coaches, respect and honor confidentiality, our Clients feel safer to explore their situations.

When we, as Life Coaches, report child abuse and elder abuse, our Clients feel safer, and society is safer.

When we, as Life Coaches, follow the scope of our practice, our clients feel more confident.

When we, as Life Coaches, practice informed consent, our Clients know what to expect.

-Rich Dallas

Achology Certified Life Coach, Sage*Craft* Life Coach Trainer